



Family & Friends Can Help · Get Involved · Don't Ignore It

BREAK **The** **SILENCE**

Speak out against emotional, economic, verbal, sexual and physical violence in our homes and communities. No one deserves abuse!



Virginia Family Violence & Sexual Assault Hotline

800-838-8238

FREE · CONFIDENTIAL · 24 HOURS A DAY

TOGETHER WE CAN BREAK THE CYCLE OF DOMESTIC VIOLENCE

Virginians Against Domestic Violence · www.vadv.org

Sponsored by Altria Group, Inc. and the Philip Morris Employee Community Fund

