



Call 800-838-8238

LEARN HOW YOU CAN HELP BREAK THE SILENCE

The hotline is a resource for friends and families as well as those experiencing abuse.

One of the best things you can do to help a friend or family member who is experiencing domestic violence is to become informed and direct her to community services. A great place to start is by calling the Virginia Family Violence & Sexual Assault Hotline at 800-838-8238 (v/tty).

While you might think a “hotline” is just for someone experiencing abuse, it’s much more than that. It’s a place where you, as friends and family members and others in the community who want to learn more about domestic violence, can call and speak to a real, live person in a confidential setting.

Call the hotline to obtain any of the following:

- ▼ Advice and help from a trained, professional outreach advocate who will keep your information and inquiry confidential
- ▼ Coaching on how to talk with a friend or family member who might be experiencing domestic violence
- ▼ Information and referrals for domestic violence programs in Virginia including local resources in your area who can help
- ▼ Educational brochures and handouts to help both victims of domestic violence and friends and family members who want to help others who are being abused
- ▼ Tailored information for the faith-based community
- ▼ Training opportunities and events
- ▼ Protective order information
- ▼ Batterer Intervention Programs
- ▼ And lots more!

Additional information is available on our Web site at www.vadv.org.

